

Activity Programme

We are offering a range of programmes at our Park Street Base.

These include:

- Armchair Travel
- Exercise Therapy sessions
- Caregiver Programmes
- Bereavement support group
- Putting your affairs in order / estate management



64 Park Street, Ashburton

Donations

Hospice Mid Canterbury is a registered Charitable Trust. Donations of \$5 and above are tax-deductible.

Donations can be made to:
Hospice Mid Canterbury Trust
06-0837-0319291-00
ANZ, Tancred Street, Ashburton.

Principal sponsor:



Contact details

Manager: Christine Wilson
Phone: 03-307 8387
Mobile: 027 227 8387
Email: manager@hospicemc.nz
Website: www.hospicemc.nz
Facebook: [fb.com/hospicemidcanterbury](https://www.facebook.com/hospicemidcanterbury)
Address: 64 Park Street, Ashburton 7700



Are you, or is someone you care for, dealing with a life-limiting illness? Hospice Mid Canterbury is here to help and support you.



Here when you need us

Phone: 03 307 8387
Mobile: 027 227 8387
E-mail: manager@hospicemc.nz

How we can help

Hospice Mid Canterbury provides support for those with a life-limiting illness as well as those who are looking after them. All services are free and support continues throughout the person's journey.

We provide a variety of services (see list), both in the home and at the Hospice base. This includes both individual and group support. Hospice Mid Canterbury does not provide clinical care.

Our services are available throughout the Ashburton District between the Rakaia and Rangitata Rivers.

If you want to find out more, contact the manager on 03-3078387 or 0272278387 or visit the Hospice Mid Canterbury website www.hospicemc.nz. You can make a referral by website or by phone.

Our Services

We offer a range of supports for people of any age dealing with a life-limiting illness, and their families. All services are free.

- Sitting (to give carers a break)
- Companionship and outings
- Recording life stories
- Transport
- Counselling & strategies for managing
- Therapies including massage, reiki, relaxation and reflexology
- Advice on putting affairs in order
- Portrait photographs
- Books
- Pet care
- Group activities and support programmes

“Hospice helps people live every moment in whatever way is important to them”

How can I help?

Hospice Mid Canterbury is very dependent on volunteers to support our clients and their families in a variety of ways including sitting, biography writing, transport and working in our Hospice Mid Canterbury shop.

All volunteers are vetted, trained and supported.

If you are interested in becoming a volunteer, please give us a call.

