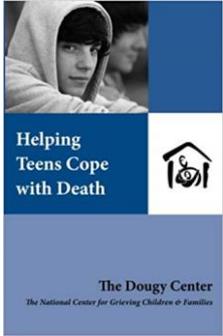
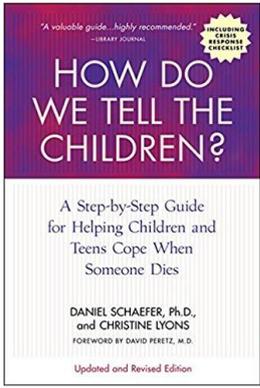
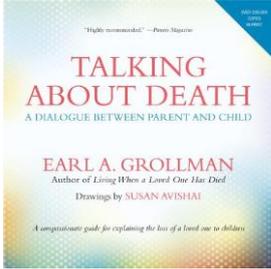
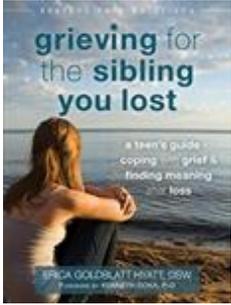
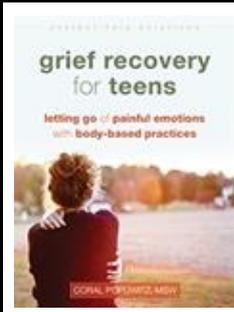


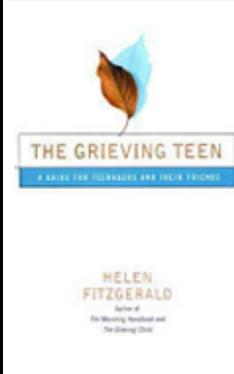
## Books on Supporting Children and Adolescents

 <p><b>Helping Teens Cope with Death</b></p> <p>The Dougy Center <i>The National Center for Grieving Children &amp; Families</i></p>	<p><b>Helping teens cope with death.</b> By The Dougy Center</p> <p>This practical guide covers the unique grief responses of teenagers and the specific challenges they face when grieving a death. Using stories, suggestions and insights from teens and their family members, this book explores how teens view death and how it impacts their lives and goes on to give ways to help and support them.</p>
 <p><i>"A valuable guide... highly recommended!"</i> —HEART JOURNAL</p> <p><b>HOW DO WE TELL THE CHILDREN?</b></p> <p>A Step-by-Step Guide for Helping Children and Teens Cope When Someone Dies</p> <p>DANIEL SCHAEFFER, Ph.D., and CHRISTINE LYONS FOREWORD BY DAVID PERITZ, M.D.</p> <p>Updated and Revised Edition</p>	<p><b>How do we tell the children? A step by step guide for helping children and teens cope when someone dies.</b> By Daniel Schaeffer and Christine Lyons.</p> <p>A compassionate step-by-step guide to talking about death with children aged two through the teens, the book discusses how adults can help children cope with their feelings. A useful crisis checklist offers age appropriate answers to some of the immediate questions a child may ask, for example: What does dead mean? What happens now?</p>
 <p><i>"Highly recommended!"</i> —Penny Magazine</p> <p><b>TALKING ABOUT DEATH</b> A DIALOGUE BETWEEN PARENT AND CHILD</p> <p>EARL A. GROLLMAN Author of <i>Living When a Loved One Has Died</i> Drawings by SUSAN AVISHAI</p> <p><i>A compassionate guide for explaining the loss of a loved one to children</i></p>	<p><b>Talking about death; a dialogue between parent and child. A compassionate guide for explaining the loss of a loved one to children.</b> By Earl A. Grollman.</p> <p>A classic guide for parents helping their children through the death of a loved one. With a helpful list of dos and don'ts, an illustrated read-along dialogue, and a guide to explaining death, Grollman provides sensitive and timely advice for families coping with loss.</p>
 <p><b>grieving for the sibling you lost</b></p> <p>a teen's guide to coping with grief &amp; finding meaning after loss</p> <p>ERICA GOLDBLATT HYATT Foreword by CHRISTOPHER PEREZ</p>	<p><b>Grieving for the sibling you lost; a teen's guide to coping with grief and finding meaning after loss.</b> By Erica Goldblatt Hyatt.</p> <p>A clear, helpful book, this is useful not only for teens grieving the loss of a sibling, but also for parents of adolescents. Written in a simple way, it provides tips, tools, and coping strategies on how to find hope and meaning after a sibling loss</p>



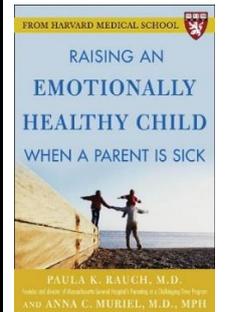
**Grief recovery for teens; letting go of painful emotions with body-based practices.** By Coral Popowitz.

A comprehensive resource offering a delicate balance between clear wisdom, concrete activities, and heartfelt stories. Popowitz looks at the impact of grief on mind, body, and heart and gives wisdom and advice on what teens can do to relieve their physical and emotional pain.



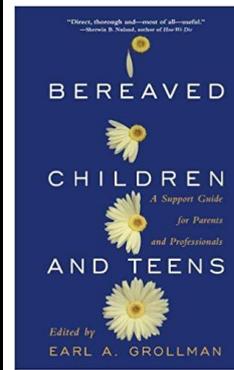
**The grieving teen; a guide for teenagers and their friends.** By Helen Fitzgerald.

Fitzgerald, a grief counsellor, guides teens through everything from the diagnosis to the funeral, from the first day back at school to the first anniversary of the death. Above all, she lets teens know that even in their darkest hour, they are not alone. This compassionate guide aims to give them the tools they need to work through their pain and grief.



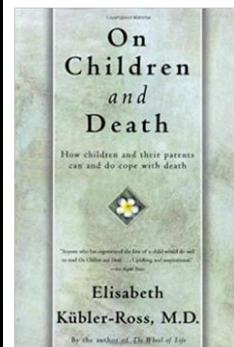
**Raising an emotionally healthy child when a parent is sick.** By Paula K. Rauch and Anna C. Muriel.

The authors, both child psychiatrists, explain in a clear, sensitive and compassionate style what children can understand at various ages and provide suggestions about appropriate ways to explain illness to them based on their maturity and level of understanding. This book will offer support to parents as they encourage and foster their child's resiliency, emotional health, and well-being.



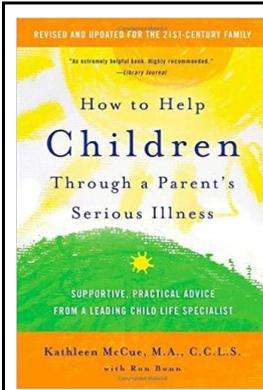
**Bereaved children and teens; a support guide for parents and professionals.** Edited by Earl A. Grollman.

This comprehensive guide draws on the expertise of many contributors and aims to help children and adolescents cope with the emotional, religious, social, and physical consequences of a loved one's death.



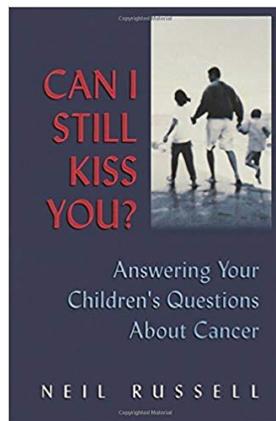
**On children and death; how children and their parents can and do cope with death.** By Elisabeth Kubler-Ross.

This compassionate book offers the families of dead and dying children the help -- and hope -- they need to survive. In warm, simple language, Dr. Kübler-Ross speaks directly to the fears, doubts, anger, confusion, and anguish of parents confronting the terminal illness or sudden death of a child. A classic book by one of the pioneers of hospice care.



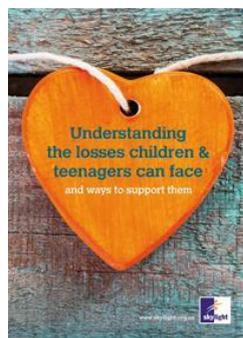
**How to help children through a parent’s serious illness; supportive, practical advice from a leading Child Life specialist.** By Kathleen McCue.

This comprehensive book progresses from explaining illness to children of varying ages, to preparing them for hospital visits to facing death. Chapters on dealing with genetic disease issues and internet search results are valuable additions.



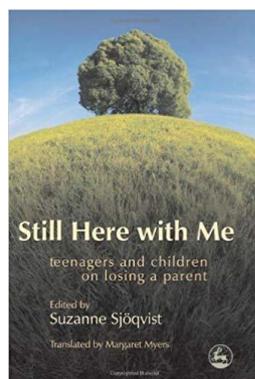
**Can I still kiss you? Answering your children’s questions about cancer.** By Neil Russell.

Russell had to deal with one of the most difficult and important responsibilities he had ever faced as a parent: speaking to his children about his cancer. Diagnosed at age 47 when his children were only 11 and 13, this is Neil's emotional account of the disease's life-changing impact on himself and his family. *Can I Still Kiss You?* is both informative narrative and interactive journal; it will help parents speak to their children about the cancer that has come into their lives.



**Understanding the losses children and young people face; and ways to support them.** By Trish Hendry (NZ)

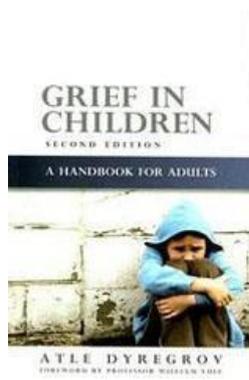
A very practical, easy to read handbook for adults wanting to understand and support children and teens they know who are grieving – whatever the cause.



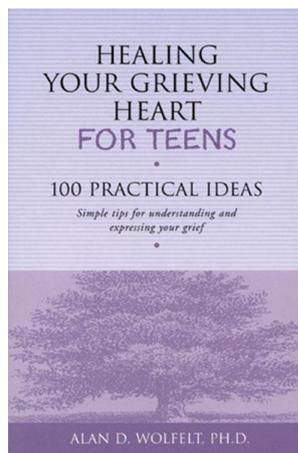
**Still here with me; teenagers and children on losing a parent.**

Edited by Suzanne Sjöqvist

This collection of stories will give information and comfort to young people who are struggling to cope with the loss of a parent, whilst also providing insights for parents and professionals into the needs of grieving children.

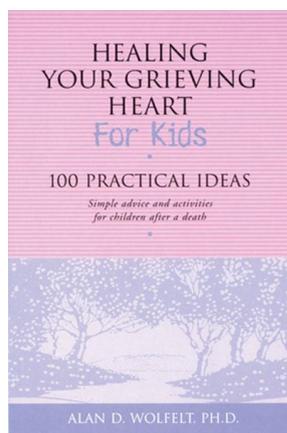


**Grief in Children; a handbook for adults.** By Atle Dyregrov  
Dyregrov explains children’s understanding of death at different ages and gives a detailed outline of exactly how the adults around them can best help them cope.



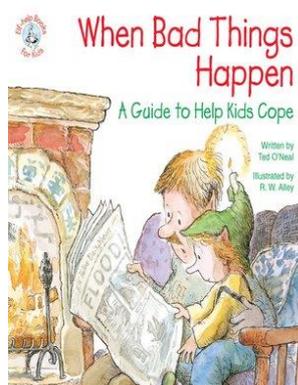
**Healing your grieving heart for teens - 100 practical ideas; Practical tips for understanding and expressing your grief.** By Alan Wolfelt.

In this compassionate book for grieving teenagers, Wolfelt speaks honestly and straightforwardly to teens, affirming their thoughts and feelings and giving them dozens of teen-friendly ideas for understanding and coping with their grief.



**Healing your grieving heart for kids – 100 practical ideas; Simple advice and activities for children after death.** By Alan Wolfelt.

*Written for young and middle readers (6-12 years) grieving the death of a loved one. The text is simple and straightforward, teaching children about grief and affirming that their thoughts and feelings are not only normal, but necessary.*



**When bad things happen; a guide to help kids cope.** By Ted O’Neal

This coping guide helps parents deal with their children's fears and sadness, showing adults how to teach coping skills and restore a child's trust that life, after all, is good.